

**MINUTES OF THE MEETING OF THE HEALTH AND WELLBEING BOARD HELD AT THE
COUNCIL CHAMBER - COUNCIL OFFICES, STATION ROAD, WIGSTON ON TUESDAY, 2
JULY 2019 COMMENCING AT 1.30 PM**

PRESENT

J Kaufman Chair

COUNCILLORS

Mrs R H Adams
G A Boulter
F S Ghattoraya
Mrs L Kaufman
D W Loydall

OFFICERS IN ATTENDANCE

Mrs A Lennox MBE Head of Community & Wellbeing

OTHERS IN ATTENDANCE

Ms C Bradshaw	Leicestershire County Council Libraries
Ms Lesley Gill	Helping Hands
Ms L Dixon	LCC Adult Learning
Ms P Fielden	Oadby, Wigston and South Wigston Disability Forum
Ms M Flynn	Leicestershire County Council
Ms L Green	Oadby Methodist Church
H Khan	School Sports Partnership, LSLSSP
J Naylor	Parklands Leisure Centre
Ms L Pettitt	Leicestershire County Council
Ms S Renton	Leicestershire County Council
Ms V Robins	Consultation in Public Health
Ms S Rose	East Leicestershire and Rutland CCG
Mrs Manjit Taylor-Rai	Sikh Association
Dr E Maile	HEEM Leadership and Management Fellow
Dr V Varakantam	East Leicestershire and Rutland CCG

24. APOLOGIES FOR ABSENCE

Suzanne Bresnihan (Community Action Partnership)
Kayley Galway (Manager Turning Point)
Helen Loydall (Chair Senior Citizens Forum)
Dr Ursula Montgomery (Chair ELR CCG)
Debbie Preston (First Contact Plus)

25. MINUTES OF THE PREVIOUS MEETING

The minutes of the meeting of the HWBB held on 23 January 2019 to be taken as read, confirmed and signed by the Chair.

26. INTRODUCTION TO THE HEALTH INEQUALITIES AGENDA

Vivienne Robins (Consultation in Public Health), provided an update and background information in relation to health inequalities.

In October 2018 Public Health data published referenced a significant difference in health inequalities and life expectancies between Oadby and the Wigston/South Wigston areas. Oadby's health is improving whilst Wigston and South Wigston is decreasing. These statistics have not been seen in other districts across Leicestershire, as a result the matter was raised at the East Leicestershire & Rutland Clinical Commissioning Group (ELR CCG) with input by Oadby and Wigston Borough Council and the GP locality group. There was a positive response across the various organisations about the importance of these inequalities being addressed.

A Health Summit was held at Oadby and Wigston Borough Council in February 2019 with key health professionals, local partners, GP and commissioners. A range of questions were put to the attendees at the Health Summit which were analysed and a report produced.

27. HEALTH INEQUALITIES REPORT

Dr Emily Maile (HEEM Leadership and Management Fellow), presented the findings from the Health Summit. In addition to the findings from the Health Summit further work was undertaken by Dr Maile. This included semi-structured interviews and focus groups with key local individuals, healthcare professionals, organisations and local residents in order to develop a more detailed understanding of the wider issues and potential solutions.

The thematic analysis identified nine main themes, many of which were further divided into subthemes; three communities, services, collaborative working, education and employment, engagement, individual beliefs and behaviours, local environment, population demographics and mental health.

The report makes eight recommendations for consideration for future action by the Oadby and Wigston Health & Wellbeing Board and East Leicestershire & Rutland CCG Primary Care Commissioning Committee.

Recommendation 1 - Developing further understanding:

Further explore whether it is possible to evaluate the population data in different ways e.g. by GP practice in order to develop a better understanding of Oadby, Wigston and South Wigston as separate communities.

Recommendation 2 - Oadby & Wigston BC Health and Wellbeing Board:

Consider reviewing the Oadby & Wigston Borough Council Health and Wellbeing Board Terms of Reference, including attendance list, action plan governance, the use of task and finish groups and wider partner communication (including minutes dissemination and possible bulletin to wider partners).

Recommendation 3 - Connecting the Three Communities:

Explore the possibility of improved transport link between South Wigston, Wigston and Oadby. i.e. public transport and volunteer transport for specific events/activities (e.g. activities at Parklands Leisure Centre).

Consider creating a leaflet containing information for health professionals and residents regarding all transport options, including public transport and voluntary transport.

Recommendation 4 - Community Engagement:

Consider developing a programme of engagement events in the local communities such as

health and wellbeing fairs and community health checks in accessible places such as supermarkets and community spaces. Link to Health and Wellbeing Board action plan, to increase communication, collaboration and co-ordination across organisations.

Recommendation 5 - Education:

Raise awareness of the health inequalities in the local education settings across the district by sharing the attached review and ensuring a representative on the Health and Wellbeing Board.

Review local schools and nurseries progress on the "Leicestershire Healthy Schools" and "Leicestershire Healthy Tots" programmes. Potential ambition could be for all schools to have enhanced Healthy Schools status and nurseries to have Healthy Tots accreditation.

Recommendation 6 - Social Prescribing:

Ensure Primary Care Network (PCNs) potential social prescribing funding is fully maximised by considering how it links to the current Leicestershire social prescribing system, including First Contact Plus, Local Area Coordinators and care coordinators.

Embed Making Every Contact Count (MECC) Plus across partner agencies to support social prescribing and for staff to embed prevention conversations and appropriate referrals to prevention services as a core part of their role.

Recommendation 6a - Improving Communication across Organisations and with Local Residents:

Explore the possibility of creating one single resource, such as an online directory, which contains detailed information on all local public, community and voluntary services in the Oadby and Wigston area. This may be used by professionals and residents. Consideration is needed to maintain the resource in a timely way. Examples include The Bury Directory (www.theburymdirectory.co.uk).

Recommendation 7 - South Wigston Health Centre:

East Leicestershire & Rutland Clinical Commissioning Group (ELR CCG) to review and prioritise opportunities to re-develop the South Wigston Health Centre building. This may include potential space for a community asset/room to deliver social prescribing within the heart of the community.

Recommendation 8 - Community Spaces:

Review the social value element of a range of public sector contracts to identify any community assets/ spaces within the area that could support social prescribing and community development. Consider small non-recurrent funding streams to support hiring private venues if no local free assets are available.

28. FEEDBACK FROM HWBB ATTENDEES

Housing: A comment was raised during the meeting that the report did not reference Housing. It was suggested that more recommendations will come out of this piece of work, however these are the findings identified within the allocated timeframe.

Funding bid: The Consultation in Public Health confirmed that the team at Leicester University are preparing a bid entitled the South Wigston Community research project.

She also stated that we should be mindful that whilst Oadby has the most affluent areas, there are pockets of deprivation within Oadby, it is not just Wigston and South Wigston.

Primary Care Networks: Dr Varakantam provided information about the new Primary Care Networks (PCN) being introduced, to tackle health inequalities (population health), which will need time to bed-in.

Transport: A Member confirmed that the Council has tried to negotiate with Arriva for many years; however there is little demand for the service by users in South Wigston, and hence not commercially viable. 'Arriva Click' was also mentioned, particularly how this service was being delivered in Leicestershire. The head of Community & Wellbeing confirmed that this service was connected to the new Lubbethorpe housing development, in lieu of there being no public transport available in the area.

It was confirmed that there is a community transport scheme run by the Oadby and Wigston Community Action Partnership, with moderate charges. However a number of attendees stated, that rather than providing transport from South Wigston to the Oadby area, increasing access to services in South Wigston was important, not encouraging them out of the area. Access to facilities for individuals (community centres, halls and schools) in the area is key to ascertain how they can assist with engagement, and regenerating the community from grass roots upwards by bringing public and volunteer sector together to bring about change is also key.

The locality manager of the Children and Family Wellbeing Services, confirmed that Leicestershire County Council closed the Children's Centre at the Bobbin Factory in South Wigston, as part of their cost cutting exercise. It is also worth noting that individuals in South Wigston are not interested in crossing the bridge from to Wigston, therefore the provision of services in South Wigston is important.

Tribe App: The Consultation in Public Health mentioned the Tribe App, which is a volunteering app which could be used as a community catalyst, where volunteers can link up people to drive forward community capacity. The Local Area Coordinator (LAC) for South Wigston is involved in this initiative. The LAC for Wigston confirmed that Rutland set up a Good Neighbourhood scheme in relation to transport, and helping individuals travel to places where they volunteer to do jobs, such as grass cutting.

Communication: Those in Wigston and South Wigston should know about the statistics, particularly young people and how they can change what they are doing. Updating and informing the South Wigston Ward Councillors was key, in order that they can help aid this behavioural change amongst residents.

Education: There is a need to engage with the youth from an early age in school settings - good healthy behaviours; less smoking/drinking is the message. The first 1000 days is paramount (from pregnancy to a child's 2nd birthday). The school Academy status was also mentioned, which should be driven forwards. The School Sports Partnership Manager confirmed Primary schools have access to the Pupil Premium Grant which can be as much as £18,000 per school, this is additional funding for publicly funded schools in England to improve the academic outcomes of their pupils. The key issue is engaging with Secondary Schools who have limited funding. The libraries have also struggled to engage with Secondary Schools. The School Sports Partnership Manager confirms he sits on the Secondary School Head Teachers group and will take this information to the next meeting.

Support: There are various organisations providing support in the area e.g. Senior Citizens group who hold various events at local venues such as the Salvation Army. Helping Hands which provides advice and signposting support, and the Cedar Centre who

delivers mental health recovery support.

Making Every Contact Count (MECC) was developed by Public Health England. It is a holistic behaviour change approach that utilises day to day interactions that organisation and people have with other people to encourage changes in behaviour that have a positive effect on the health and wellbeing of individuals, communities and populations.

First Contact Plus is an information and advice services for self-referrals or referrals from a health professional/ individual or organisation. It is delivered by Leicestershire County Council, in partnership with GPs, the Police, health organisations, voluntary groups and social care departments, and local Councils working together to make access to services much easier. Both MECC and First Contact Plus need to be promoted and embedded more by all organisations.

29. REVIEW TERMS OF REFERENCE

Dr Varakantam suggested the Terms of Reference should focus on the need to reduce Health Inequalities, and include the requirement to form appropriate Task and Finish groups, with the responsibility of representatives from these groups reporting back to the HWBB. The continuation of the annual Health Summit was also felt to be an important element.

30. REVIEW MEMBERSHIP OF BOARD

It was recommended that Dr Richard Palin (Chair of the East Leicestershire & Rutland CCG) be included as a member of the HWBB moving forwards. A representative from the new PCN's was also recommended.

Finally, it was recommended that the Chair of the HWBB, the Head of the Council's Community & Wellbeing Services along with Dr Varakantam, Sharon Rose, Dr Palin and Vivienne Robins meet in early August to discuss the next steps, action plan, the proposed HWBB Membership, Task and Finish Groups and the Terms of Reference.

31. ANY OTHER BUSINESS

None raised.

32. FUTURE MEETINGS

The next meetings are as follows:

- Tuesday 1 October 2019
- Tuesday 14 January 2019
- Tuesday 7 April 2020

Meetings to be held at the Oadby and Wigston Borough Council Offices in Wigston starting at 1:30 pm.

THE MEETING CLOSED AT 3.30 PM



Chair

Tuesday, 1 October 2019

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